

Staff Initials

RELEASE & INDEMNITY

I and/or my family (whose names appear on sheet 1 attached) release indemnity and hold harmless Huon Valley PCYC Inc its servants and agents, from and against any actions or claims which be made by me or on my behalf by other parties for and in respect of or arising out of an injury, loss, damage or death caused to me and/or my family or my property whether by negligence, breach of contract, or in any way.

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ACKNOWLEDGEMENT OF RISKS, INJURY & OBLIGATIONS

I and/or my family acknowledge that activities undertaken while at the Huon Valley PCYC may involve risk and while participating I and/or my family are exposed to certain risks. I and/or my family acknowledge and understand that:

- ✓ My key tag and after-hours key remain property of the Huon Valley PCYC.
- ✓ It is my responsibility to consult a physician prior to and regarding my participation in exercise. By signing this form I represent and warrant that I am physically fit and have no medical condition preventing me from exercise and activities.
- ✓ I may be injured and my personal property may be lost or damaged.
- ✓ Other persons may cause me/and or my family injury or may damage my property.
- ✓ I and/or my family may cause injury to other persons or damage their property.
- ✓ I assume the risk of, and responsibility for any injury or property damage resulting from my participation in activities.
- ✓ It is my responsibility to consult with the Club Manager if injury, damage, medications or health status changes throughout the duration of my PCYC membership.

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CONDITIONS OF ENTRY. ALL MEMBERS MUST:

- ✓ Carry a valid membership card at all times.
- ✓ Wear runners/sneakers (no bare feet, thongs, high heels or sandals).
- ✓ Wear clothing that covers the upper torso as well as the lower torso.
- ✓ Use collars to secure the weights to the barbells.
- ✓ Use a sweat towel and wipe down all equipment after use.
- ✓ Return equipment and free weights to their rack after use.
- ✓ Not conduct or participate in any unauthorized personal training.
- ✓ Provide the Club Manager with any relevant existing family custody issues.
- ✓ Not consume food or drink in the facility in any area except for re-hydration drinks for personal hydration. *Excluding the Fun Factory eating area or Kitchen.
- ✓ Accompany and supervise children under the age of 10 years old (18+).
- ✓ Consider the comfort and safety of others at all times. Behaviour that offends, causes discomfort, embarrassment, injury or damage to another user is unacceptable. If the Club Manager considers that a person has exhibited such behaviour, they can immediately terminate that person's use of the facilities and require they leave the premises.
- ✓ Acknowledge that the Huon Valley PCYC is an alcohol, smoke and drug free environment and any use of these items on club's premises, will result in automatic cancellation of membership and expulsion from the Huon Valley PCYC premises.
- ✓ Acknowledge that the Huon Valley PCYC is a registered charitable not-for-profit organization. The Club is self-funded relying upon the income from entities and memberships, fund raising, community support, grants and subsidies.

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PRIVACY STATEMENT

I authorize the PCYC to take and use photographs, videos or sound recordings of me/and my family and any other reproductions or adaptations of me/and my family's likeness ("the Material"), either in full or part, in conjunction with any wording or drawings, in any PCYC publications, productions or presentations. I acknowledge that I/and my family have no rights in the material or in any PCYC publications, productions or presentations that include the material.

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UNDER 18 PARTICIPATION

In consideration of the waiver information above I/We authorise my child/children who are under 18 and names appear on sheet 1, to participate in Group Fitness Classes and additional activities held at the Huon Valley PCYC.

Signature: _____

(Parent/Guardian if under 18 years)

Print Name: _____

Date: ____/____/____