

ACTIVITY TIMETABLE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| 6:00 - 7:00 7:00 - 8:00 9:00 - 10:00 STRENGTH CLASS (RMC) | 8:45 - 4:30 HUONVILLE BIKE COLLECTIVE (Ant) | 6:00 - 7:00 7:00 - 8:00 9:00 - 10:00 STRENGTH CLASS (RMC) | | 8:45 - 3:00 HUONVILLE BIKE COLLECTIVE (Ant) |
| | | 8:45 - 4:30 HUONVILLE BIKE COLLECTIVE (Ant) | | 6:00 - 7:00 7:00 - 8:00 8:00 - 9:00 9:00 - 10:00 STRENGTH CLASS (RMC) |
| 1:00 - 2:00 SENIORS LOW MOBILITY CLASS (Emma) | | 9:30 - 10:30 KINDERGYM 10:45 - 11:30 WRIGGLERS 3:30 - 4:15 FUNGYM (5-6 years) 4:15 - 5:00 GYMSKILLS (7-8 years) 3:30 - 5:45 GIRLS CLUB BADGES | | 9:30 - 10:30 KINDERGYM (Walking - 4 years) |
| | 3:30 - 4:15 FUNGYM (5-6 years) 3:30 - 5:00 GIRLS CLUB BADGES 4:15 - 5:00 GYMSKILLS (7-8 years) 5:00 - 6:30 GIRLS CLUB BADGES | 3:00 - 5:00 HIGH SCHOOL 'DROP IN' CENTRE (PCYC) | | 1:00 - 3:30 PICKLEBALL (PCYC) |
| 4:00 - 5:30 JUNIOR BASKETBALL (PCYC) | | 3:00 - 6:00 REACHING MILESTONES (PCYC) | 3:30 - 4:30 JUNIOR BADMINTON (PCYC) | 3:30 - 4:15 FUNGYM (5-6 years) 4:15 - 5:00 GYMSKILLS (7-8 years) 3:30 - 5:00 GIRLS CLUB BADGES |
| 5:30 - 7:00 MUAY THAI (Shane) | 5:30 - 7:00 BOXING (Ricky) | 5:30 - 7:00 MUAY THAI (Shane) | 5:30 - 7:00 BOXING (Ricky) | 4:30 - 5:00 5:30 - 6:00 CARDIO SESSION (RMC) |
| 4:30 - 5:30 5:30 - 6:30 6:30 - 7:30 7:30 - 8:30 STRENGTH CLASS (RMC) | 6:00 - 7:15 SOCIAL FUTSAL (PCYC) | 4:30 - 5:30 5:30 - 6:30 6:30 - 7:30 7:30 - 8:30 STRENGTH CLASS (RMC) | 6:00 - 7:15 SOCIAL FUTSAL (PCYC) | 5:00 - 5:30 6:00 - 6:30 RECOVERY SESSION (RMC) |
| | 6:45 - 7:30 7:30 - 8:15 PILATES CLASS (RMC) | 5:00 - 6:00 (Non-Competitive) 6:00 - 7:30 (Competitive) PICKLEBALL (PCYC) | 6:00 - 7:30 JUDO (Alden) | |