COME

Anyone can join our program - It is open to all ages and all abilities. We welcome adults & children and support people with a range of disabilities including mental health.

Build on social skills, motor skills, independence, life skills, reach milestones and achieve your goals!

GETIN

We offer group activities and team games to build social skills. If you prefer one-on-one, that is OK too!







MONDAYS 3PM - 6PM

(03) 6264 3100 programs@hvpcyc.org.au hvpcyc.org.au We are a not-for-profit, so we invest into the quality of our programs and facilities for our participants.

There is so much to see and do at the PCYC. Our Program Facilitators can support you to achieve your goals, try new things and do just about anything you want!

GAMES

Monopoly, Cluedo, Puzzles, Uno, Lego, Yahtzee, Twister, Guess Who, Game of Life, Snakes & Ladders, Reading & Books, Sensory Toys

NDIS

Participants

ACTIVITIES

Cooking, Baking, Arts & Crafts, Painting, Drawing, Slime Making, Gardening, Murals, Clay Modelling, Water Colours, Get Out & About, Scrap Booking

Adults &

Children

SPORTS

Netball, Basketball, Pickleball, Cricket, Football, Soccer/Futsal, Gym, Boxing, Gymnastics, Badminton, Cycling, Exercise

Have Fun

WHAT CAN I DO AT THE PCYC?

YARD & TABLE

Foosball, Air Hockey, Pool & 8 Ball, Table Tennis, Giant Connect 4, Giant Jenga, Corn Hole, Bocce, Giant Chess & Checkers, Quoits, Frisbee, Bowling

SKILLS

Social Skills, Literacy, Numeracy, Gross Motor Skills, Life Skills, Connection & Community Engagement, Fine Motor Skills, Teamwork, Independance, Communication, Resilience

FACILITIES

Fully Equipped Kitchen, Disabled Toilet/Shower/Change Facilities, Gymnastics Dojo, Mixed Sports Court, Games Arcade, Indoor Cricket Nets, Indoor Playground -Fun Factory, Outdoor Ovals, Garden Beds, Quiet Spaces, Couches, Multipurpose Rooms

GROUPS

Scavenger Hunts, Dodgeball, Hide & Seek, Golden Child, Obstacle Courses, Tug of War, Sack Races, Party Games, Flags, Water Balloons & Pistols, Dancing, Ice Breakers

ELECTRONIC

Dance Rush Stardom, Fantasy Soccer, Snow Cross, Fast & Furious Super Bikes, Duo Drive, Ski Racer, Street Basketball, Dirty Drivin, Play Station, Joystick Arcade Cabinets, Multi Player Multi Game Tables

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